



NUTRITION FACTS

Serving size 4.22 oz (120 g)
Servings per container 152

Amount per serving	
Calories 160	Calories from Fat 27
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 55mg	19%
Sodium 410mg	18%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Sugars 5g	
Protein 18g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Ingredients

BEEF, WATER, CORN STARCH, EGG WHITES, SODIUM PHOSPHATES, SALT, WHITE PEPPER **MONGOLIAN SAUCE:** (WATER, SUGAR, MALTODEXTRIN, RICE VINEGAR, CHILI PEPPERS, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT], MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF: DEHYDRATED MINCED GARLIC, SPICES, SALT, YEAST EXTRACT, SOYBEANS, SESAME PASTE, WHEAT FLOUR, SESAME OIL, SAFFLOWER OIL, CULTURED DEXTROSE, XANTHAN GUM AND NATURAL FLAVORS [MILK]).

Allergens

EGGS, MILK, SOY, WHEAT

Case Specifications

Product code	74001
GTIN	00856235005392
Pack Size	8 / 5.011 LBS BAG
Tie High	6 x 8
Weight	40.09# NET; 41.74# GROSS
Case L,W,H	20.00" x 13.38" x 6.56"
Cube	
Serving Size	4.22 OZ
Servings Per Case	152
Shelf Life	18 MONTHS
CN Equivalency	CN Equivalency = 2 M/MA (Serving size = 4.22oz)

Preparation and Cooking

Heating Instructions:

1. Begin by tempering product until thawed
2. Once thawed pre-heat oven to 350F for Convectional ovens or 375F for Conventional ovens.
3. Spread product evenly into pan; breaking apart any larger chunks. Cover pan with foil.
4. Cook covered for 15 -20 minutes or until meat has reached internal temperature of 165F. Stir product at least once during the cooking process.

(Tip) if you find the product finishing slightly dry add 1 cup of water to every 5LB package of meat, then cover and heat to desired temperature.