



NUTRITION FACTS

Serving size 57 g (2 oz)
Servings per container 293

Amount per serving	
Calories 90	Calories from Fat 27
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 150mg	7%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 15g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Ingredients

Cooked Natural Proportion Chicken with Natural Juices (Chicken Meat, Salt).

Case Specifications

Product code	470490
GTIN	
Pack Size	5/7.4 # bags
Tie High	10 x 5
Weight	37.00 Net 39.00 Gross
Case L,W,H	L = 17.88" W = 9.69" H = 8.63"
Cube	0.87
Serving Size	2.02 oz
Servings Per Case	293 servings
Shelf Life	18 months Frozen
CN Equivalency	Each 2.02 oz. serving of Shredded Chicken contains 2.00 oz. equivalent of M/MA

Preparation and Cooking

BEST METHOD - CONVENTIONAL OVEN (THAWED):

1. PREHEAT CONVENTIONAL OVEN TO 350°F.
2. REMOVE CONTENTS OF BAG INCLUDING JUICES INTO A HOTEL PAN.
3. COVER WITH FOIL AND BAKE FOR 20 MINUTES OR UNTIL 165°F.
4. SHRED APART WITH TONGS.
5. LET STAND COVERED FOR 10 MINUTES BEFORE SERVING.

ALTERNATE METHOD STEAM (THAWED):

1. PLACE SEALED BAGS IN A PERFORATED PAN.
2. STEAM FOR 20 MINUTES OR UNTIL 165°F.
3. REMOVE FROM STEAM AND EMPTY CONTENTS OF BAG INCLUDING JUICES INTO A HOTEL PAN.
4. SHRED APART WITH TONGS.
5. LET STAND FOR 10 MINUTES BEFORE SERVING.